



30TH JANUARY 2026

HIGH FIRS PRIMARY SCHOOL

NEWSLETTER

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MESSAGE FROM MR KILBRIDE

I am going to start this week with a reflection on an event from the end of last week - The Young Voices choir trip to The O2 Arena in London. There are some photos below to give you a flavour of the day and more on Facebook too. Our children were fantastic - a real credit to all their families with their behaviour and enthusiasm. It really is a special event that leaves everyone involved with a lasting 'feelgood' factor. The concert itself is a two hour extravaganza involving performances by the huge choir, making the most tremendous, life-affirming sound, interspersed with a range of special guest singers and dancers. The day of rehearsal gives the children real insight into the talents of the musicians and dancers, as they perfect their craft and performances in readiness for the main event that evening. Watch this space for a chance to be a part of this tremendous event during the Autumn Term club sign up next academic year. By the end of the day, we were all very glad that our slot was on a Friday, giving us the weekend to recover! I would like to thank the parents/carers who made a contribution to World of Work Week this week in school. The children have absolutely loved hearing about paramedics, TV production, bus driving, and careers advising. In assemblies this week, we introduced World of Work Week with a 'Guess the job' quiz, then our choir shared some of their songs on Tuesday and we celebrated Burns Night on Wednesday.

WORLD OF WORK WEEK

All our classes have explored the World of Work this week through PSHE lessons, assemblies and visitors in to school.

Our particular thanks go to - Mrs Barnes, who spoke to Yr5 about the children's aspirations for their future jobs and the skills they would need to achieve this. Mr Griffiths visited all our classes to talk about his work as a paramedic. Mrs Wythe who shared information about her work in TV production with three classes.



And finally, thank you to First Bus Stop who welcomed our Year 1 and Year 2 children for a tour of one of their buses and a chat with the driver!

YOUNG VOICES 2026

23 of our choir members had the amazing opportunity to sing at the Young Voices concert at the O2 last Friday evening as part of a choir of over 8900 children performing in front of an audience of 10,000 very appreciative family and friends. Leaving school at just after 11am and not getting home until nearly 11pm, it was a very long day but the children all behaved and performed fantastically. Our thanks to Mrs Payne and Mrs Loftus for all their hard work in organising such an exciting day. Here are just a few photos - there are more to see in our Facebook group.





FACEBOOK

Are you a member of our school Facebook page? We use it to share “good news” alongside our email service and Newsletter updates. You can request to join the group using the QR code shown here or by searching for the group “High Firs Primary School”. There are a few similar group names so the one you are looking for is the one with our school values banner, shown in the picture here.

To ensure the page runs in a safe way for all of our school community, please note the following:

- Membership will be restricted to those 12+ who are known school contacts. Identifying information will be requested on application to join and will be checked by our administrators before admission to the group.
- Members will be removed when the associated child is no longer a pupil.
- Information and photographs posted on the site must not be shared, downloaded or forwarded.
- Failure of Members to agree and abide to the above conditions, or other conduct concerns, may result in removal from the group.

WOW BADGE DESIGN COMPETITION

Don't forget, all children have the opportunity to design a WOW badge for 2026-2027. An email with details and the entry form was sent out on Monday. If your child needs a printed copy of the form, please let their teacher know. Designs need to be returned to Miss Selby by Friday 13th February.



THIS WEEK'S CELEBRATIONS



HOUSE POINTS

	This Week	Term Total
BEECH	159	524
CHESTNUT	132	491
OAK	184	543
ASH	141	501

	Top Scorers this week
BEECH	Aston A; Edward S
CHESTNUT	Ernie B; Thomas H
OAK	Theo C; Noah M; Luna H; Beatrice J; Oliver M
ASH	Henley S; Jake B; Danny B

CLASS ATTENDANCE



Congratulations to this week's Key Stage winners of Register Rabbit for their excellent attendance:

YEAR 2
YEAR 6

Our class attendance this week was:

Year 2 99.6%
Year 6 98.9%
Year R 98.5%
Year 4 98.5%
Year 1 97.0%
Year 3 95.9%
Year 5 92.7%

Well done to all of our children who received a Special Mention and certificate from their teacher today -



- Aaron D N - his effort in the presentation of his writing
- Joshua A - his consistent effort with his home learning
- Oscar F - trying hard with his handwriting
- George K - consistently being a super learner
- Jenson G - his great progress in reading
- Elliott R - always being his best & a great friend to everyone in class
- Logan G - making a brilliant effort to tackle all his learning independently
- Anthony L - making a fantastic effort to remember his writing target. Keep it up!
- William B - amazing work in maths this week
- Logan F - your super description writing in English
- Edy O - showing a good understanding through his explanations in Maths
- Chloe P - always working hard in lessons & trying her best
- Mariana G S - her positive attitude to learning shown by her enthusiasm, curiosity & eagerness in class
- Smilte M - her positive attitude to learning shown by her enthusiasm, curiosity & eagerness in class

THIS WEEK'S LEARNING

NEWS FROM OUR CLASSES

Reception – learned to use the words 'capacity' and 'mass' in their learning.

Year 1 – learned how to use time words to tell a story.

Year 2 – wrote stories based on the book 'Lost & Found'.

Year 3 – used Scratch in computing to make objects move.

Year 4 – learned about plate tectonics & continental drift.

Year 5 – learned about dissolving.

Year 6 – learned how to write algebraic expressions.

UPCOMING EVENTS!

INSET DAY
22nd May 2026

DIARY DATES FOR NEXT WEEK

Monday 2nd February

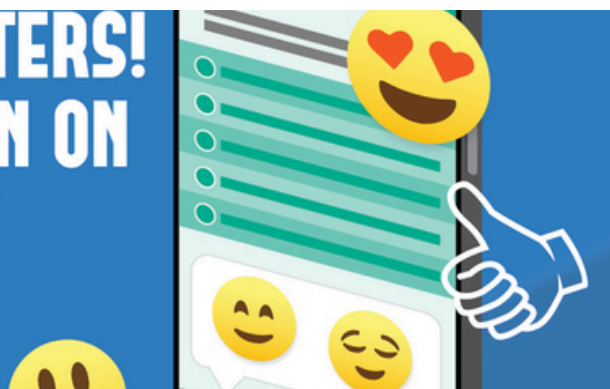
No French Club - swapped to Thursday

SCHOOL MEALS SURVEY

All our children are invited to take part in our school meals survey at:
<https://www.surveymonkey.com/r/R3RTFTV>

YOUR FEEDBACK MATTERS! WHAT'S YOUR OPINION ON SCHOOL MEALS?

Please take a minute to provide
your feedback about school meals.



FRIENDS OF HIGH FIRS PRIMARY SCHOOL ASSOCIATION

SUPPORTING OUR CHILDREN'S EDUCATION - REGISTERED CHARITY NO. 1137633



In the coming week the Friends will be releasing a survey which we would love parents' input into on future events and any events you would like the FHF to arrange in the future. We really welcome all feedback and ideas so we can make sure our events are as good as possible.

A reminder of our disco on 12th Feb:

The Friends of High Firs are thrilled to invite your children to a unique and exciting event, our Silent Disco Night! Get ready for an evening of music, dancing and fun - all while experiencing the magic of wireless headphones and multiple music channels to suit every taste!

Event details:

Date : Thursday 12th February 2026

Time for KS1: 5.00 PM - 6.00PM

Time for KS2: 6.15PM - 7.15PM

Location : High Firs Primary School Hall

Tickets : £6 per child

A QR and link for sign ups has also been sent to class groups.

Being away from caregivers

General worries

School worries

DOES YOUR CHILD HAVE PROBLEMS WITH ANXIETY?

Bedtime fears

Social worries

Phobias (e.g. spiders, dogs, injections)

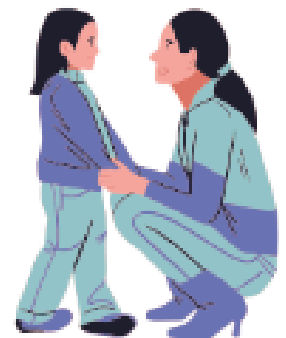
& more

OSI COULD HELP YOU

OSI (Online Support and Intervention) is an online platform designed to help parents to learn tools and techniques to help their child (aged 5 to 12 years old) to overcome difficulties with anxiety.

Parents work through weekly online modules that contain videos, quizzes, and interactive worksheets. Parents are also supported by a weekly telephone/videocall appointment with a practitioner.

You can access OSI at a convenient time for you using any electronic device!



HOW TO ACCESS OSI

If your child attends one of our schools and you feel OSI would be helpful for you and your child, please scan the QR code which will take you to our website and the OSI self-referral form.

Alternatively, if you would like to discuss this further with someone or would like to consider alternative support, please speak with the Senior Mental Health Lead in your child's school.





Online Parent Groups

Supporting your child with their emotional wellbeing

For parents of children at primary school

Supporting Your Child with Fears & Worries

Are your child's worries and fears starting to impact their day to day life? This course will provide you with an understanding of how fears and worries develop in children, as well as **evidence-based strategies** and guidance to support your child with overcoming their fears and worries. This online group runs for **6 weeks** and are run regularly throughout the year.

Understanding Your Child's Behaviour

Are you currently experiencing difficulties with your child's behaviour? This course will provide you with evidence-based strategies to promote a **positive relationship** with your child, supporting them with their emotion regulation and addressing any concerning behaviours. This online group runs for **7 weeks** and are run regularly throughout the year.

If you would like to attend one of our groups, email

ewtandestenquiries@nelft.nhs.uk

