

High Firs Primary School

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19th March 2024

Dear Parents/Carers,

Swimming is a valuable skill for children of all ages. We are therefore pleased to let you know that we have arranged for Year 4 to have sessions at White Oak Leisure Centre on **Wednesdays 17th & 24th April, 1st, 8th, 15th & 22nd May, 5th, 12th, 19th & 26th June and 3rd, 10th & 17th July.**

Swimming is a PE curriculum requirement and as such all children are required to participate, as they would any other lesson; with 3 instructors for swimming we are able to accommodate all the children's abilities in the appropriate areas of the pool. The children will also be supervised by school staff & volunteers throughout.

Lessons will take place from 2.30-3.00pm. The children will walk from the school to the pool accompanied by school staff. Parents are then asked to collect their child from the pool at **3.10pm**. If you have other children to collect from High Firs, then please collect from the pool first before coming to school; we will supervise your children until collection.

Medical Conditions

Children who cannot swim because of a medical condition, but are well enough to attend school, should be brought to school as usual on Wednesdays and they will be placed in another class for the time their classmates are at the pool. Should a child be brought to the pool and the teacher or instructor considers them unfit to swim for any reason, they will remain at the poolside, under the care of their teacher.

Swimwear and getting changed

All children are required to wear a swimming hat during lessons. These can be purchased from White Oak Leisure Centre and can be the colour of your choice. Please ensure that your child has appropriate swimwear (one-piece costumes for girls) for the session and that this and their towel are named as well as their swimming bag.

Costs

The cost of the lesson will be £2.75 per week. Payment can be made directly to the school by cash or cheque or on line by using school money. If paying by cash, we do ask that the correct money is paid as we do not have the facility to hold change on site. You can either pay weekly, termly or the total amount. Although it is a curriculum requirement, the school does not receive funding for the cost of lessons.



Achieving more together



After School Club and Return Transport

If your child attends Foots Cray Out of School Club on a Wednesday afternoon, it may be possible to bring your child back to school. Please let us know if you will need After School Club on the consent form.

Can you help, please? We will need a couple of volunteers each week to drive our After-School Club children and school staff back to school from White Oak, once the remaining children have been collected at 3.10pm.

Emergency Contact Form

Please complete and return the attached Emergency Contact Form to the school by **Wednesday 27th March.**

If you have any queries, please do not hesitate to contact your child's class teacher.

Yours sincerely



Mr A Kilbride
Headteacher



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PARENTAL CONSENT FOR A SCHOOL VISIT**Visit & Date**SWIMMING LESSONS AT WHITE OAK POOL FROM 17TH APRIL 2024 ONWARDS

I agree to my child participating in the above lessons as per the details on the accompanying letter or information sheet. I agree to my child's participation in the activities described and acknowledge the need for them to behave responsibly.

Child's Name

Year

4

Emergency Contact Information

Name:

Relationship to child:

Telephone Number/s:

Medical Information

Does your child have any condition (including allergies) which may require medical treatment, including medication? If YES, please give details below and completed the separate medication form if appropriate.

Declaration

I agree to my child receiving any medication as instructed and for any emergency dental, medical or surgical treatment (including anaesthetic or blood transfusion) as considered necessary by a First Aider or medical authorities present. I understand the extent and limitations of the insurance cover provided.

How would you judge your child's Swimming Ability?

CAN YOUR CHILD SWIM 25metres OR MORE?
or IS YOUR CHILD A NON-SWIMMER BUT WATER CONFIDENT?
or IS YOUR CHILD A NON-SWIMMER AND NOT WATER CONFIDENT?

I can offer transport from White Oak to High Firs at 3.10pm

Number of Adults.....

Number of children.....

My child will be collected from White Oak swimming pool by**My child will need transport back to school for FOSSC ASC**☐

Please tick the box if this applies

Parent's Signature:

Name in Capitals:

Date: _____

SCHOOL OFF-SITE LESSONS

This form is valid for the said school lessons from the date you sign it, for the period of time your child attends the lessons. The consent will automatically expire after this time. We hold your records securely, until the lessons have ended and all the children are returned to school, after which they are retained securely for 1 month in case of any queries, then safely destroyed.

It is your responsibility to let us know if you need to make changes to your agreement at any time, to the emergency contact or medical information over the page.